**Ross-on-Wye & District Cycling Club**

once again proudly presents

**The Don Woodman Memorial**

**Open 25 mile Time Trial**

Sunday 14th July 2019

On the R25/7

**Promoted for and on behalf of Cycling Time Trials under its rules & regulations**

Timekeepers Start: Mrs. G. Fisher Finish: Mr R Field

Event organiser P. Stephens, 55 Roman Way, Ross-on-Wye, HR9 5RL, 01989 769128

Start opposite north-eastern end of iron gate on right, 125 yards south west of "Bends for 1 1/2 miles" sign on the old Usk/Raglan road. Proceed towards Usk. At foot of hill turn left and left again (M) onto A472 and proceed to take left hand lane at Llangeview interchange where join A449. Proceed via Raglan interchange where road becomes the A40. Continue to pass picnic area (11.757 miles) and through tunnel (12.5 miles point is 100 yds inside the tunnel). After tunnel bear left and in 300 yards at garage (M) turn left with great care on B4293. Cross over tunnels and in 2-3 miles keep straight on unclassified road to rejoin the A40 at Mitchel Troy (Sign Mitchel Troy 14.367 miles). Retrace via Raglan interchange and at Llangeview bear left to leave A449 and proceed on A472 to: Finish opposite 2nd drain cover on right, 25 yards beyond telegraph pole No DP63 and 350 yards beyond rear of sign reading A449/B4235 on approach to Usk.

**HEADQUARTERS** Usk Memorial Hall, Maryport Street, NP15 1XP (opposite the prison)

**NUMBERS** Sign on and collect numbers at HQ. Please return numbers to HQ and sign out after event. Numbers can be exchanged for a drink at the catering counter.

**PRIZE PRESENTATION** Prizes will be presented at the headquarters as soon as possible

after the event.

**PRIZES**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **FASTEST** | **VET ON STD** | **FASTEST**  **WOMAN** | **FASTEST**  **TEAM OF 3** | **Overall Weekend Prize** |
| **1ST** | **£30** | **£30** | **£30** | **£10pp** | **£30** |
| **2ND** | **£20** | **£20** | **£20** |  | **£20** |
| **3RD** | **£15** | **£15** | **£15** |  |  |

**In the interests of your own safety, the event promoter strongly advises you to wear a helmet that meets an internationally accepted safety standard. For entrants under 18 helmets are compulsory.**

**A working rear light is advisable especially if damp**

PLEASE BE QUIET, AND PARK CONSIDERATELY.

NO WARMING UP PAST START/FINISH OR U TURNS NEAR START.

Great care required at garage in Monmouth, I hate paperwork!

Have a great ride.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| No. | **Start Time** | First Name | Last Name | Club | Cat | Vets Standard |
| 9 | **08:09** | Laura | Airey | Ross on Wye & Dist CC | WV | 01:18:20 |
| **10** | **08:10** | **Will** | **Bevan** | **Ross on Wye & Dist CC** | **M** |  |
| 11 | **08:11** | Jake | Tay | Severn Road Club | MV | 01:07:16 |
| 12 | **08:12** | Paul | Guest | Worcester St. Johns CC | MV | 01:07:40 |
| 13 | **08:13** | Digby | Rusling | Royal Dean Forest Cycle Club | MV | 01:08:03 |
| 14 | **08:14** | Jon | Airey | Ross on Wye & Dist CC | MV | 01:12:05 |
| 15 | **08:15** | John | Lacey | Hemel Hempstead CC | MV | 01:09:03 |
| 16 | **08:16** | Jon | Vickery | Cwmcarn Paragon Road Club | MV | 01:09:03 |
| 17 | **08:17** | Matt | Heaman | Royal Dean Forest Cycle Club | MV | 01:08:38 |
| 18 | **08:18** | Robert | Jones | Cardiff 100 Miles RCC | MV | 01:12:27 |
| 19 | **08:19** | Sean | Heaton | Royal Navy & Royal Marines CA | MV | 01:07:40 |
| **20** | **08:20** | **Simon** | **Garrett** | **Team Echelon** | **MV** | **01:07:05** |
| 21 | **08:21** | Kevin | Lane | Successcycling.co.uk | MV | 01:07:05 |
| 22 | **08:22** | Andrew | Clarke | North Shropshire Wheelers | MV | 01:10:14 |
| 23 | **08:23** | Michelle | Fishbourne | CES Sport | WV | 01:14:17 |
| 24 | **08:24** | Mark | Steedman | Cardiff Triathletes | MV | 01:07:28 |
| 25 | **08:25** | Colin | Wallace | Merthyr CC | MV | 01:09:16 |
| 26 | **08:26** | Jonathan | Wilkinson-lockyer | Team Tor 2000 | KALAS | MV | 01:08:03 |
| 27 | **08:27** | Ryan | Sheppard | G.S. Henley | M |  |
| 28 | **08:28** | Paul | Rees | Bynea Cycling Club | MV | 01:08:51 |
| 29 | **08:29** | Sharon | Scott | Swindon Road Club | WV | 01:14:31 |
| **30** | **08:30** | **Mark** | **Corbett** | **Worcester St. Johns CC** | **MV** | **01:07:16** |
| 31 | **08:31** | Chris | Scawn | Plymouth Corinthian CC | MV | 01:12:51 |
| 32 | **08:32** | Tony | Costello | Team Swindon Cycles | MV | 01:07:28 |
| 33 | **08:33** | Michael | Collins | VC Sevale (Malvern) | MV | 01:08:03 |
| 34 | **08:34** | George | Barker | Beacon Roads CC | MV | 01:09:59 |
| 35 | **08:35** | Earl | Smith | Royal Dean Forest Cycle Club | MV | 01:07:51 |
| 36 | **08:36** | Jonathan | Heath | Brecon Wheelers | M |  |
| 37 | **08:37** | Iain | Bell | Monmouthshire Wheelers | MV | 01:07:28 |
| 38 | **08:38** | Pete | Scott | Swindon Road Club | MV | 01:07:40 |
| 39 | **08:39** | Philip | Morgan | Kiveton Park Cycling Club | MV | 01:07:28 |
| **40** | **08:40** | **Anthony** | **Jones** | **Towy Riders Cycle Club** | **MV** | **01:07:16** |
| 41 | **08:41** | Chris | Lee | Merthyr CC | MV | 01:08:03 |
| 42 | **08:42** | Francesca | Hall | AeroLab Ward WheelZ | W |  |
| 43 | **08:43** | Joanne | Jago | Performance Cycles CC | W |  |
| 44 | **08:44** | Ed | Hadley | Hereford & Dist Whs CC | MV | 01:11:05 |
| 45 | **08:45** | Michael | Portlock | Merthyr CC | MV | 01:07:51 |
| 46 | **08:46** | Ian | Turner | North Road CC | MV | 01:08:38 |
| 47 | **08:47** | Marco | Marletta | Cardiff Jif | MV | 01:08:38 |
| 48 | **08:48** | Robert | Lucas | Port Talbot Whs CC | MV | 01:14:10 |
| 49 | **08:49** | Derek | Morgan | Gannet CC | MV | 01:19:15 |
| **50** | **08:50** | **Jon** | **Surtees** | **CES Sport** | **MV** | **01:08:26** |
| 51 | **08:51** | Rhys | Deen | Merthyr CC | M |  |
| 52 | **08:52** | Steve | Mountford | Solihull CC | MV | 01:09:44 |
| 53 | **08:53** | Richard | Llewellyn | Imperial Racing Team | MV | 01:07:05 |
| 54 | **08:54** | Nick | Cutcliffe | Royal Dean Forest Cycle Club | MV | 01:07:05 |
| 55 | **08:55** | Kris | Bowditch | Lyme Racing Club | MV | 01:06:52 |
| 56 | **08:56** | David | Evans | Team Echelon | MV | 01:10:47 |
| 57 | **08:57** | Stuart | Evans | Port Talbot Whs CC | MV | 01:15:12 |
| 58 | **08:58** | Clare | Greenwood | Bush Healthcare CRT | WV | 01:16:17 |
| 59 | **08:59** | Richard | Howes | Wrekinsport CC | MV | 01:07:40 |
| **60** | **09:00** | **William** | **Perrett** | **AeroLab Ward WheelZ** | **M** |  |
| 61 | **09:01** | Rhys | Jones | Rhondda Triathlon Club | M |  |
| 62 | **09:02** | Tony | Harvey | Mid Shropshire Wheelers | MV | 01:09:44 |
| 63 | **09:03** | Roger | Taylor | Frome and District Wheelers | MV | 01:15:12 |
| 64 | **09:04** | Richard | Rees | Cardiff Ajax CC | M |  |
| 65 | **09:05** | Nick | Young | Yeovil Cycling Club | MV | 01:08:51 |
| 66 | **09:06** | Daniel | Kempe | Bristol South Cycling Club | MV | 01:08:38 |
| 67 | **09:07** | Roger | Wood | Pontypool Road Cycling Club | MV | 01:11:44 |
| 68 | **09:08** | Susan | Shook | Bush Healthcare CRT | WV | 01:16:35 |
| 69 | **09:09** | John | Howells | Corinium Cycle Club | MV | 01:18:27 |
| **70** | **09:10** | **Jonathan** | **Wears** | **CES Sport** | **M** |  |
| 71 | **09:11** | Edward | Priddy | Solihull CC | MV | 01:09:59 |
| 72 | **09:12** | Dean | Prosser | Hereford & Dist Whs CC | MV | 01:08:03 |
| 73 | **09:13** | Michelle | Lee | PDQ Cycle Coaching | WV | 01:13:00 |
| 74 | **09:14** | Roxane | Heaton | Somerset Road Club | W |  |
| 75 | **09:15** | Chris | Massey | CES Sport | MV | 01:07:28 |
| 76 | **09:16** | Adam | Taylor | Royal Dean Forest Cycle Club | MV | 01:06:14 |
| 77 | **09:17** | Andy | Kelly | Bristol South Cycling Club | MV | 01:08:51 |
| 78 | **09:18** | James | Coull | Ross on Wye & Dist CC | MV | 01:08:03 |
| 79 | **09:19** | Michael | Williams | Hereford & Dist Whs CC | MV | 01:10:47 |
| **80** | **09:20** | **Christopher** | **Gibbard** | **Bynea Cycling Club** | **M** |  |
| 81 | **09:21** | Mark | Bradley | Bristol South Cycling Club | *MV* | 01:08:51 |
| 82 | **09:22** | Steven | Loraine | Team Swift | MV | 01:11:05 |
| 83 | **09:23** | John | Williams | Bynea Cycling Club | MV | 01:12:05 |
| 84 | **09:24** | Joanna | Knight | Bristol South Cycling Club | WV | 01:16:00 |
| 85 | **09:25** | David | Dickerson | Team Echelon | MV | 01:08:15 |
| 86 | **09:26** | Gary | Rickards | Cheltenham & County Cycling Club | MV | 01:09:30 |
| 87 | **09:27** | Andrea | Parish | VeloSistas TT Team | WV | 01:14:04 |
| 88 | **09:28** | Mike | Murrray | Team Echelon | MV | 01:07:40 |
| 89 | **09:29** | Graham | Smith | Severn Road Club | MV | 01:08:26 |
| **90** | **09:30** | **Ioan** | **Smallwood** | **Cardiff Ajax CC** | **M** |  |